

Friday, January 9, 2009

4:00 - 4:50PM	Lisa Navas	<i>Short Game</i>
5:00 - 5:50PM	Tory Acheson	<i>Transitions to New Positions</i>
5:50 - 6:55PM	Dinner	
7:00 - 7:50PM	Erin Pettinger	<i>Agility and Athlete Maintenance</i>
8:00 - 8:50PM	Teresa Wilson	<i>Pitching I</i>
9:00 - 9:50PM	Coaches "Q and A"	<i>Acheson, Navas, Dannelly & Whitlock</i>

Saturday, January 10, 2009

9:00 - 9:50AM	Jennifer Hill	<i>Athlete Nutrition</i>
10:00 - 10:50AM	Lisa Navas	<i>Catching I</i>
11:00 - 11:50AM	Teresa Wilson	<i>Pitching II</i>
11:50 - 1:30PM	<i>Lunch</i>	
1:30 - 2:20PM	Scott Whitlock	<i>Outfield Play</i>
2:30 - 4:00PM	Mike Candrea	<i>Hitting</i>
4:00 - 4:15PM	<i>Break</i>	
4:15 - 5:05PM	Teresa Wilson	<i>Pitching III</i>
5:05 - 7:00PM	<i>Dinner</i>	
7:00 - 8:00PM	Scott Whitlock	<i>The "D-E-F's" of the Game</i>
8:10 - 9:00PM	Mike Candrea	<i>Infield Play</i>

Sunday, January 11, 2009

8:00 - 8:50AM	Monty Sherrill	<i>Building a Competitive HS Program</i>
9:00 - 9:50AM	Lisa Navas	<i>Catching II</i>
10:00 - 10:50AM	Scott Whitlock	<i>Practical Drills</i>
11:00 - 11:50AM	Mike Candrea	<i>Practice Organization</i>

Closing Remarks